

VEGETABLES

Plant a Victory Garden and win the war against the high cost of fresh veggies! Locate your vegetable garden in an area with full sun and fertile, well-drained, moisture retentive soil. An excellent guide is U.S. Department of Agriculture Home & Garden Bulletin #202, which can be viewed at:

www.hoptechno.com/book26.htm

ARTICHOKES

4.5" Pots- \$4.39

Attractive, ornamental plant. Edible flower buds. Cook and serve with basil & melted butter. Check an Italian cookbook for recipes for stuffed artichokes. Harvest buds before they open. Full sun. Prefers soil that is deep, rich, loose, and well-drained. Feed heavily. Space 3' apart.

-**'Imperial Star'** 85 days. Six to eight, 3-4" heads per plant.

ASPARAGUS

\$9.95/Dozen

Long lived plants. Delicious spears in spring. Planting the roots correctly will yield large future harvests. Plant roots in a trench 6-8" deep, 8" apart for thin spears, farther apart for thicker spears. Cover with 2" of compost rich soil; you want to provide nourishment for years. Gradually fill in the trench as the plants grow. Harvest very lightly the second year, freely thereafter. Cut the spears with a sharp knife at the ground level. After harvest, allow plants to have mature foliage that can remain until the fall. Cut dead foliage after frost. Ask for our culture sheet.

-**'Jersey Knight'** Large, succulent spears with excellent flavor. Resistant to rust, crown rot, and fusarium. Vigorous and better adapted to heavy clay-like soils.

-**'Jersey Supreme'** Abundant, succulent spears that are more uniform than other Jersey hybrids. High yields and great taste. Early harvest. Disease resistant and tolerates most soils.

BEAN, JUMBO ITALIAN

6 Packs

55 Days. Dark green, extra-long pods with rich, bean flavor. Can be picked when 6-7" long but remain stringless up to 10". Bush-type beans require no supports.

CELERY

6 Packs

Crunchy texture and distinctive flavor makes this a popular addition to salads and many cooked dishes. As plants grow, mound soil up to blanch lower stems.

-**'Tango'** 80 days. Similar to Conquistador but the flavor is better and the stalks are more tender. Performs well under less than ideal growing conditions, will tolerate heat and moisture stress.

COLE CROPS

Broccoli • Brussels Sprouts

Cabbage • Cauliflower • Kale • Kohlrabi

6 Packs (unless noted)

Members of the mustard family. Our mild Maine summers allow us to grow these cool season plants. Plants are typically heavy feeders but have various Nitrogen requirements. Topdress each plant with a handful of wood ashes to discourage root maggots. Collars will prevent cut worms and BT will prevent cabbage worms.

Broccoli- Good for you! Steam, serve with a bit of butter and a sprinkling of lightly toasted pine nuts. Plenty of moisture. Use lime to enrich soil with calcium. Mix varieties for an extended season. A second planting by July 15th will provide a nice fall crop.

-**'Arcadia'** 86 days. Large, blue-green heads on tall, heavy stems. High yielding. Developed for close spacing.

-**'Green Magic'** 57 days. Smooth, well-domed heads. Very uniform in maturity.

-**'Premium Crop'** 58 days. An AAS winner. Large plants with firm heads and small, dark green buds.

-Mini Broccoli

NEW!-**'Happy Rich'** 55 days. Uniform, vigorous, dark green plants. Large plants produce jumbo size florets that resemble mini heads of broccoli. Excellent sweet broccoli flavor. Ample side shoots extend the harvest.

Brussels Sprouts- Frost improves flavor. As plant grows, remove leaves from bottom up, so that the sprouts have room to mature. When the sprouts towards the bottom are 1/2" -3/4" in diameter pinch out the plant's growing tip to force the remaining sprouts to develop evenly, about 4 weeks. Use BT to prevent cabbage virus.

-'Churchill' 90 days. Large, flavorful, medium green, smooth sprouts are remarkably early. This vigorous, easy to grow variety is also tolerant of diverse climates.

Cabbage- Try homemade sauerkraut this year. Tasty slaws too! Plant 15-18" apart.

-'Stonehead' 50 days. Heads are round, about 6" in diameter with short cores. Solid and slow to bolt.

NEW!-'Minuet' 48 days. Napa type. Small, 9" x 7" heads with dark green outer leaves and yellow interior leaves. Early to mature and slow to bolt. Wonderful, light, sweet taste. Disease and virus resistant. Space 12" apart.

Cauliflower- Keep well-watered and well-fed, especially while the heads are forming.

-'Amazing' 68 days. Medium-sized plants with domed, solid curds and self-blanching, upright wrapper leaves.

NEW!-'Skywalker' 80 days. Uniform, medium, self-blanching heads on large, healthy plants. Cold tolerant for late summer and fall harvest.

Kale- The beautiful ruffled leaves of the kale plant have a lively flavor along with unique peppery qualities. Excellent source of Vitamin A.

-'Winterbor' 60 days. Fresh market growers endorse this extra-productive kale. Well-curved, blue-green, ruffly leaves. Regrows vigorously for successive harvests. High yields.

Kohlrabi (4 Packs)- The root-like bulb as well as leaves of this plant can be eaten. The bulbs are versatile and can be prepared by sauteeing, roasting or enjoyed raw. Kohlrabi has a crunchy yet juicy texture and a mildly sweet, unassertive taste. Will keep in storage for 2-3 weeks.

NEW!-'Winner' 45 days. Freshest, fruitiest taste. Holds well in the field without splitting. Harvest when bulb is ~2" in diameter for best enjoyment.

CORN

6 Packs

Plant Corn in blocks of at least 4 rows for proper pollination, rows should be 30-36" apart and plants spaced with 9" in between. Successive plantings may be necessary. Corn requires warm, well drained soil that is highly fertile, use a fertilizer with high phosphorous. Use Bt for corn ear worms. Harvest when punctured kernels are full and "milky", when silks are browning, or 18-24 days after silks first show.

NEW!-'Mystique' 74 days. This variety is very tender and sweet, it has large, bi-color ears with great eating quality and excellent flavor. Long harvest of up to 10 days. Should be isolated from Supersweet and dry/pop types of corn or it may result in tough, starchy kernels. Space 25 feet from these types or plant 10 days before or after.

CRESS (WATERCRESS)

6 Packs

This perennial green is a must for the garden, rich in vitamins with a delicious taste. Its distinctive peppery kick blends well with astringent fruits like oranges and grapefruit. Grows best in full sun and very moist soil with a pH of 7.0.

CUCUMBERS

4 Packs

Cucumbers are grown to be eaten fresh, cooked, or pickled. Moderately acid soil, plenty of moisture and fertilizer.

-Slicing Varieties Add a refreshing taste to your summer salads.

-'Bush Crop' 60 days. 6-8" fruits on compact, bushy plants. Ideal for containers or small gardens.

-'Fanfare' 62 days. 8-9" fruit. High yields over a long time. Semi-dwarf, compact habit.

-'Genuine' 48 days. Earliest slicer. Smooth, dark green, 8" fruits.

-'Straight Eight' 58 days. Excellent flavor. Pick when 8" long for best flavor.

CUCUMBERS, Continued

-Pickling Varieties Great for canning

-**'Homemade Pickles'** 55 days. Medium green fruit can be harvested when 1.5 to 5" long. Very productive.

-**'Northern Pickling'** 48 days. Developed in Maine. Medium green fruits bear early and set heavily on short, space saving vines.

EGGPLANT

4 Packs

Attention cooks, don't soak in oil, just brush with olive oil, sprinkle with your favorite herbs, and broil. Or go for it - marinate with garlic and basil, dip in batter, and deep fry. Plants are heavy feeders; add compost and composted cow manure to soil. Watch for potato beetles, but don't use any poisons or the pollination of fruit may really suffer.

NEW!-**'Nadia'** 67 days. Classic, large Italian-type eggplant with glossy, dark purple fruits measuring 7.5" x 3.5". Tall, sturdy plants set fruit even under cool conditions.

-**'Orient Express'** 58 days. Attractive, slender, 8-10", glossy black fruits in the long, Oriental style. Ready up to 2 weeks before most other varieties.

FENNEL

2.5" Pots

Feathery foliage holds rain drops as sparkling pearls. Yellow flowers in clusters.

-**'Bronze'** 50-60 days. Non-bulbing type. Bronze-red, lacy foliage with a sweet flavor that can be used in salads, dressings, or for decoration.

-**'Sweet Florence'** 80 days. Bulb has a delicate anise flavor and crisp texture. Wonderful sliced into salads, slightly sauteed, or grilled.

LEEKS

6 Packs

Adds a delicious, refined flavor to soups. Excellent for Vichyssoise, topped with fresh chives. Rich soil. Separate multiple plants in the cells and plant individually in trenches, 6" deep and about 6" apart. As the plants grow, fill in the trenches to blanch the stems. Can also be hilled up in rows.

-**'King Richard'** 79 days. Beautiful, full-sized, foot long leeks. Upright, medium green leaves.

-**'Tadorna'** 100 days. Long, 7-8" blue-green shaft is easy to clean and frost tolerant.

LETTUCE

6 Packs

Fresh greens for salads all summer long. Stagger plantings to keep your supply going all summer.

-**Butterhead Varieties** Buttery, Boston types.

-**'Buttercrunch'** 75 days. Compact, crisp, heavy heads. Old favorite!

-**'Red Cross'** 48 days. Large, fancy, bright red heads.

-**'Sylvesta'** 52 days. Large heads with thick, flavorful, bright green leaves. This lettuce is amazingly good.

-**Leaf Types** Add a bit of color to those salads.

-**'Encore Mix'** 28 days. A stunning mix of different colors, shapes, and textures.

-**'Magenta'** 48 days. Shiny, slightly puckered, red tinged leaves form whorled, conical heads.

-**'Mesclun Mix'** 21 days. Specialty mix of different greens and lettuce.

-**'Mesclun Mix Spicy'** 21 days. A custom mix of red and green leaves that includes spicy items such as Arugula, 'Red Giant' mustard, and 'Bianca Riccia' endive with a base of mild red lettuces.

-**'Red Sails'** 45 days. Bronze-red crinkled leaves. Slowest to bolt of all the red loose leaved varieties.

-**'Red Salad Bowl'** 51 days. Burgundy-red, deeply lobed, delicate, oak-like leaves. Retains its mild flavor for a long time and is slow to bolt.

-Romaine Types Make the perfect, crisp Caesar salad.

-'Jericho' 57 days. Tall, heavy, light green heads.

-'Outredgeous' 57 days. Bright red leaves with ruffled edges. Full-sized heads are big and beautiful.

MELONS

4 Packs

What could be better than picking a fresh melon for your breakfast? Plant when the soil has warmed. They need plenty of space and an abundance of moisture and nutrients.

-'Halona' (Cantaloupe) 73 days. Early type with deeply ribbed skin, larger 4-6 lb. fruits are excellent. Newer variety with improved disease resistance.

-'Lilly' (Crenshaw) 78 days. Pale yellow skin and creamy, juicy, orange flesh with a distinctive sweet and spicy flavor. Good for short growing seasons.

***NEW!*'Sunjewel'** (Asian) 68 days. Extra early plants produce large numbers of fruits that slip off the vine when ready. Unusual 7" x 3.5" fruits are lemon yellow, with crisp white flesh that is wonderfully sweet.

ONIONS

6 Packs

Multiple plants per cell, 30-50 plants per pack. Seedlings should be separated and planted individually, 4" apart. Keep well watered and weeded. Supply extra nitrogen.

-'Ailsa Craig Exhibition' 110 days. Huge, mild Spanish onions average 5 pounds for September harvest. Unique sweet flavor. Short term storage.

-'Cipollini Gold Coin' 80 days. Pungent and sweet flavored. Can reach up to 3" wide and 1" tall. Good for braiding.

-'Copra' 104 days. Highest sugar content of all the storage onions. Hard, medium sized bulbs with blocky, round shape. Excellent keeper.

***NEW!*'Milestone'** 105-110 days. Premium sweet flavor with excellent storability. Firm, sweet, yellow onion grows into large, globe shaped bulbs. Superb for both fresh eating and cooking.

-'Ruby Ring' 112 days. Uniform, hard bulbs with dark red skins.

***NEW!*'Sierra Blanca'** syn. 'Super Star' 109 days. Large, uniform, white onions are mild and have thick rings making them great for salads, slicing, and frying. Not suitable for long term storage. Resistant to pink root fungus.

PEPPERS

4 Packs

Provide lots of sun and rich moist soil. Do not add too much nitrogen. Use a fertilizer high in phosphorous and calcium. Isolate sweet and hot varieties to avoid any cross pollination, that could result in Sweet peppers with heat.

-Sweet and Bell Varieties

-'Carmen' 60 days green, 80 days red. Sweet flavor is excellent for salads or roasting. 6" tapered fruits on upright, medium plants.

NEW!-'Lipstick' 53 days green, 73 days red, ripe. Considered by many to be the most delicious sweet pepper. Dependable, early, heavy yields, even in a cool summer season! Fruits are 4" long and are perfect for salads, salsa, or cooking.

-'North Star' 65 days. Bell type. 3-4 lobed, sweet tasting peppers. Ripens early from green to red.

-'Sweet Banana' 68 days. 6" long, yellow fruits mature to red. Great for pickling.

NEW!-'Sweet Spot' 75 days. Tremendously prolific, averaging 35 fruits per plant. Fruits are super sweet, starting out greenish-yellow, turning to yellow, then red; 8" x 2". Resistant to bacterial spot in wet conditions.

NEW!-'X3R Red Knight' 57 days green, 77 days red, ripe. Big, blocky fruits are early to turn red. Widely adaptable, exceptionally cold tolerant with improved disease resistance, and a more compact yet open habit.

-**Hot Varieties** The higher the Scoville rating the hotter the pepper! The Scoville Index measures the hotness of peppers by the amount of capsaicin they contain.

-'Cayenne Long Thin' 73-76 days Long, thick fruits reaching 7". Thin flesh is used for pickling or drying. 3500-5000 Scovilles.

-'Early Jalapeno' 60 days green, 80 days red, ripe. 2.5" sausage shaped fruits. 2500-8000 Scovilles.

NEW!-'Krimzon Lee' 62 days green, 82 days red, ripe. Beautiful, big 6-8" x 2" fruits. Paprika type pepper is both sweet and hot. Thick flesh makes this pepper choice for roasting, grilling, salsa, and even salads. Plant is medium sized, upright-bushy.

PEPPERS, continued

NEW!-**'San Martin'** Ancho/Poblano type (Ancho when dried, Poblano when green) 75 days. Excellent when used for Chile Rellenos, roasting, powders, and "mole" sauce. Dark green, 5.5" fruits are very mild, at only 500-100 Scovilles. Yields better than most others of its type.

PUMPKINS & GOURDS

4 Packs

A Halloween necessity. Give them plenty of space and keep well-watered. They prefer fertile soil - add composted cow manure.

-Gourds

-**'Harrowsmith Select'** 95 days. A diverse mix of gourds consisting mostly of warted pears, dumplings, patty pans, cheeses, and other shapes in a wide range of colors.

-Pumpkins

-**'Autumn Gold'** 90 days. 7-10 fruits per plant. Each plant spreads from 12' to 20'.

-**'Orange Smoothie'** 95 days. Bright orange, smooth, nonribbed fruits averaging from 6-9 pounds. Good for painting.

-**'Racer'** 85 days. Ribbed, dark orange, mid-sized pumpkins with great looking dark green handles. 12-16 pounds.

-**'Tom Fox'** 110 days. Well-ribbed, medium pumpkins between 12-20 pounds. Deep orange color and fantastic handles make them great for Halloween.

NEW!-**'Rouge Vif D'Etampes'** 115 days. This Cinderella type pumpkin resembles a flat yet full, scarlet-colored, wheel of cheese. It has been recorded as being the type grown by the pilgrims for Thanksgiving, not only is it decorative, but good for pies and recipes too. Yields 2 fruits per plant, space with 2-3' in between. Vine length is long. 10-15 pounds.

SHALLOTS

6 Packs

Used for flavoring soups, salad dressings, vegetables, and grain dishes. Multiple plants per cell. Separate and plant seedlings individually, 4-6" apart.

- '**Picador**' 105 days. Reddish-brown skin and white flesh. Large, single bulbs are great for long-term storage.
- '**Saffron**' 100 days. Bright copper skin with pale yellow interior. Suitable for long-term storage.

SPINACH

6 Packs

One of the "superfoods", packed with antioxidants and minerals it is believed to promote general health and reduce the risk of cancer, high blood pressure, and memory loss to mention a few. Grows best in cool, mild climates. Plant in a moist, fertile soil with a pH of at least 6.0 (6.5-7.5 is best) as Spinach is sensitive to acidity levels. Full sun to pt. shade, water at soil level to avoid splashing on leaves. Harvest greens at full or baby size, rinse multiple times before eating.

- '**Tyee**' Semi-Savoy type. 40 days. Slowest to bolt, this is considered the standard of Savoyed Spinach. Dark green leaves are vigorous, with an upright habit. Does well as a spring, summer, or fall Crop, and is an ideal type for hoop house growing thru December.

SQUASH

4 Packs

Christopher Columbus brought squash back to England from the New World. Modern day squash has been consumed for over 10,000 years.

- Summer Squash** Eaten as soon as picked, either raw or cooked.
 - '**Aristocrat**' 53 days. Zucchini-type. Smooth, dark green, 7-8" cylindrical fruit. Compact, bushy plants.
 - '**Costata Romanesco**' 52 days. Prominently ribbed, Italian zucchini with gray-green skin. Delicious and nutty with good texture.
 - '**Slick Pik**' 48 days. Extra early. Very attractive yellow fruits have a good taste, and are blemish-free thanks to the spineless leaf petioles; also making it easier to harvest.

-**Winter Squash** Usually baked. Try with maple syrup & butter. Stores well.

-'**Blue Ballet**' 90 days. Smooth skinned, blue-gray fruits average 4-6 lbs. Bright orange, fiberless flesh.

-'**Early Butternut**' 82 days. Short, heavy yielding vines 10-12" fruits.

NEW!-'**Honey Bear**' 85 days. Acorn type. Deliciously sweet, mini 4" round fruits are just the right size for 2 servings. Compact, bush type plants are resistant to powdery mildew. Averages 3-4 fruits/plant.

-'**Sunshine**' 95 days. Scarlet Kabocha type. Smooth, tender, bright orange flesh. Great for baking, mashing, and pies. 3-5 lb, flat-rounded fruits.

STRAWBERRY

3" Pots \$3.39, (Bare root) \$9.95/Dozen

See nursery catalog for more information

SWISS CHARD

6 Packs

Swiss Chard is an excellent source of Vitamins A, C, and K. Rich in Calcium and Iron also. Harvest young leaves when tender, cutting only the outer leaves at the base of the plant. Be careful not to disturb the root system.

-'**Bright Lights**' 28 days baby, 55 days mature. Multi-colored stems of gold, pink, orange, purple, red, and white. Eat raw or lightly cooked. Milder taste than many chards.

-'**Lucullus**' 35 days. Delicious, dark green leaves are a traditional favorite.

TOMATILLO

4 Packs

Physalis sp. These tasty summer treats are a staple in Mexican cooking. The fruits have a white interior with a consistency that is meatier than a tomato. The fruits are ready to harvest when the papery husk turns light brown in color and has folded back. Tomatillos will keep for several weeks-month after harvested.

NEW!-'**Gigante**' 100 days. Large 4" green fruits with very high sugar content.

Plants do not need to be support, if left unpruned they should be spaced 2-3' apart.

TOMATOES

4 Packs (unless noted)

Lycopersicon esculentum. A staple of vegetable gardens. Tomatoes are low in calories and good sources of Vitamin C and lycopene, a beneficial caratinoid.

Determinate - Plants stop growing at a certain height, usually 2'. The crop will ripen over a short period of time, good if you're processing for storage. Good for containers and small gardens

Indeterminate - Plants continue to grow until frost or the vines are pruned. The crop will ripen over a long period. Stakes or supports are needed.

Disease Resitance Codes:

F - Fusarium Wilt

N - Nematodes

St - Stemphylium Gray Leaf Spot

A - Alternaria Stem Canker

Ff - Fusarium Races 1&2

T - Tobacco Mosaic Virus

V - Verticillium Wilt

-Large Varieties - Good for slicing, salads, and canning

-'Better Boy' 75 days. Indeterminate. VFNASt. Deep red fruit with a meaty interior. 8 - 14 oz.

-'Big Beef' 70 days. Indeterminate. VFfNTASt. Beefsteak type. Huge (14 oz) fruits on large plants. Excellent flavor! **4 Packs & 3" Pots**

-'Brandywine Red' 78 days. Indeterminate. Amish heirloom tomatoes. Possibly the best tasting tomato. Large, some over 1 pound, deep pink skinned and red fleshed fruits.

-'Caspian Pink' 80 days. Indeterminate. Fruits are large, less rounded than most, pink in color and have a great flavor. Fruits average 10 oz. **4 Packs & 3" Pots**

NEW!-'Djena Lee's Golden Girl' 80 days. Indeterminate. Heirloom from the 1920's. Fruits are golden yellow to deep orange, globe shaped, meaty, and weigh 8-12 oz. each. The perfect balance of acid and sugars gives it a sweet, yet tangy flavor. **3" Pots**

NEW!-'German Red Strawberry' 80 days. Indeterminate. German heirloom is the quintessential sandwich tomato. Delicious, uniform fruits resembling large strawberries weigh in at 10 oz. and 3.5" long. Big on taste with few seeds and little juice.

-'Early Girl II' 52 days. Indeterminate. Very early, tasty, 4-6 oz fruits are produced throughout the summer. **4 Packs & 3" Pots**

- 'Original Goliath'** 65 days. Indeterminate. VFfNTASt. Beautiful, bright red fruits average 10-15 oz. with a sweet luscious flavor. Tall, vigorous plants produce plentiful yields.
- NEW!*-**'New Girl'** 62 days. Indeterminate. VFf. Better tasting and more disease resistant than Early Girl. Fruits are 4-7 oz. and hold their ripeness and flavor on the vine well. **4 Packs**
- 'Parks Whopper Improved'** Indeterminate. VFfNT. Large, tasty fruits are crack-resistant.
- 'Polbig'** 60 days. Determinate. VFT. High yields of very good tasting, meaty, 6-8 oz. globes. Deep red interior and exterior with uniform ripening time. Plants are exceptionally cold tolerant. **4 Packs & 3" Pots**
- Paste Varieties** - Good for sauces.
 - 'Viva Italia'** 76 days. Determinate. VFfNA. Blocky pear-shaped tomatoes on compact plants.
- Cherry And Grape Varieties** - Good for snacking or in salads.
 - 'Cupid Hybrid'** 65 days. Indeterminate. AFSt 1", very sweet fruits are crack-resistant. Very heavy yields from vigorous plants. **3" Pots**
 - 'Juliette'** 60 days. Indeterminate. This is a grape tomato. Sweet, deep red, shiny fruits that are 1.5 to 2 ounces in size. Crack resistant.
 - 'Sapho'** 64 days. Indeterminate. FNTV One of the best salad tomatoes. Deep red fruits with an amazing flavor. **3" Pots**
 - 'Sunsugar'** 62 days. Indeterminate. FT. Sweet, golden, cherry tomatoes. Crack resistant fruits on vigorous plants.
 - 'Sungold'** 57 days. Indeterminate. Deep sweetness with a hint of acid tartness. Small fruits in prolific clusters ripen early to a rich apricot color and produce until frost. EXCELLENT! **4 Packs**
 - 'Supersweet 100'** 65 days. Indeterminate. FTV. Clusters of very sweet, early season, round fruit.
 - 'Suncherry Extra Sweet'** 55-60 days. Indeterminate. FT. Vigorous plants produce high yields of super sugary sweet, thin-skinned ¼ oz. fruits.
- Dwarf Varieties** - Best suited for container gardening.
 - 'Red Robin'** 55 days. Determinate. Masses of mild, sweet, 1" fruits on 8-12"H plants. Tender skin and good taste even when grown indoor
 - 'Tiny Tim'** 45 days. Indeterminate. This heirloom grows 10-12"H and 14" W. Heavily yielding clusters of 1" flavorful fruits.